

# TIPS FOR PARENTS & FAMILY

Be **SUPPORTIVE**,  
**UNDERSTANDING**,  
and **ENCOURAGING**

College is the next step for your student to take, and it can be scary and overwhelming for both parties.

As parents and family members, be supportive and encouraging of your student. Understand that as their first semester starts, new opportunities will be presented and that can be both exciting and intimidating.

Stay open-minded to new changes and ideas from your student. Remember that you are the foundation to their support system!

**ENCOURAGE** exploration  
and involvement

**TALK** about lifestyle  
choices and keep an **OPEN**  
communication

## INDEPENDENCE

- ⇒ Understand that college will open new doors
- ⇒ Encourage autonomy but be present
- ⇒ Know that students will have to make their own decisions and solve their own problems

Stay  
open-minded  
and  
non-judgmental

## SUPPORT SYSTEM

Be a part of your student's next adventure!

- ⇒ Encourage them to step out of their comfort zone and explore
- ⇒ Educate them about the importance of networking
- ⇒ Familiarize yourself with campus resources and where to find them

## BE PRESENT!

College is a difficult time for students, so as parents...

- ⇒ Listen and reassure
- ⇒ Keep track of important dates (check-in/out, registration, exams, financial aid and tuition deadlines)
- ⇒ Help students move/check-in
- ⇒ Send care packages & encouragements around mid-terms and finals